

**A Sports Ministry of Trinity Fellowship Church**

# **Swim Team Training & Event Calendar**

**Team Genesis Swim Club & LOVE Swimming Swim Club**

**August 2019 through August 2020**

**A Licensed Swim America Learn to Swim Lesson Program**



**August 2019 – August 2020**

## Training & Event Calendar Legend

<b>Program Name</b>	<b>Abbreviation</b>	<b>Notes</b>
AAU Conference/Convention	<b>ALC</b>	
ASCA World Clinic	<b>AWC</b>	
Championship Training Swim Camp	<b>CTC</b>	
Christmas Holiday Break	<b>CHB</b>	
Complete Performance Tech Clinic	<b>CPC</b>	
Devotional Technique Clinic	<b>DEV</b>	
Dive Technique Swim Clinic	<b>DTC</b>	
End of Season Break	<b>ESB</b>	
Endurance Swim Camp	<b>ESC</b>	
Free Community Swim Clinic	<b>FCC</b>	
Holiday Swim Break	<b>HSB</b>	
Independence Holiday Break	<b>IHB</b>	

New Year's Holiday Break	<b>NYB</b>	
Open Personal Best Time Meet	<b>OPB</b>	
Personal Best Time Meet	<b>PBT</b>	
Preparation Class Technique Clinic	<b>PCC</b>	
Pre-Season Swim Camp	<b>PSC</b>	
Psych Technique Swim Clinic	<b>PTS</b>	
Race Strategy/Winning Attitude TC	<b>RSC</b>	
Spring Break Holiday	<b>SSB</b>	
Sprint & Speed Technique Swim	<b>SSC</b>	
Start & Turn Technique Swim Clinic	<b>STT</b>	
Stroke Technique Swim Clinic	<b>STS</b>	
Summer Holiday Break	<b>SHB</b>	
Swim America Class	<b>SAC</b>	
Swim Team Practice	<b>STP</b>	

Thanksgiving Holiday Break	<b>THB</b>	
USA Swim Meet	<b>USA</b>	
Winter Training Swim Camp	<b>WTS</b>	
USS Aquatics Convention	<b>USC</b>	
<b>Training Facilities = *</b>	<b>*</b>	
*Farmington Civic Center	<b>FAR</b>	
*Mehlville Senior High School Pool	<b>MEH</b>	
*Jefferson County Family YMCA	<b>JEF</b>	

# August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Colossians 1:27				1	2	3
4	5 2019-2020 Annual Swim Team Registration & Membership Fees due TODAY!	6	7	8	9	10
11 Week #1 SCS	12 MEH 7:30pm-9pm 2019-2020 Annual Swim Season Begins. FCC, ESC, STP & SAC – 50TS	13 JEF 7:00 pm-8:30pm FCC, PCC, STP & SAC – 100TS	14 FAR 7:30pm – 9PM FCC, PCC, STP, & SAC – 200TS & 500TS	15 MEH 7 pm-8:30pm PBT Swim Meet 1/13 Assumption of Mary	16	17
18 Week #2 SCS	19 FAR 5:30-8:30pm PSC Week #1 National Aviation Day YMCA Pool Closed	20 FAR 5:30-8:30pm PSC Week #1 YMCA Pool Closed	21 FAR 5:30-8:30pm PSC Week #1 Senior Citizens Day YMCA Pool Closed	22 FAR 5:30-8:30pm PSC Week #1 YMCA Pool Closed	23 FAR 5:30-8:30pm PSC Week #1 YMCA Pool Closed	24
25 Week #3 SCS	26 FAR 5:30-8:30pm PSC Week #2 Women’s Equality Day YMCA Pool Closed	27 FAR 5:30-8:30pm PSC Week #2 YMCA Pool Closed	28 FAR 5:30-8:30pm PSC Week #2 YMCA Pool Closed	29 FAR 5:30-8:30pm PSC Week #2 YMCA Pool Closed	30 FAR 5:30-8:30pm PSC Week #2 YMCA Pool Closed	31 Deadline Registration Fee (\$75 Late Fee) (Returning Swimmers)
August 31 <sup>st</sup> Safe Sport, PBT & USA Swim Meets Authorization Deadline						

# September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Week #4 SCS	2 Labor Day YMCA Pool Closed	3 JEF 7:00 pm-8:30pm FCC, CPC, STP & SAC – 100TS	4 ASCA World Clinic Dallas, Texas	5 ASCA World Clinic Dallas, Texas	6 ASCA World Clinic Dallas, Texas	7 ASCA World Clinic Dallas, Texas
8 ASCA World Clinic Week #5 SCS Nat'l Grandparents Day	9 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	10 JEF 7:00 pm-8:30pm FCC, CPC, STP & SAC – 100TS	11 FAR 7:30pm – 9PM USAS Convention St. Louis, Missouri	12 MEH 7 pm-8:30pm PBT Meet 2/13 USAS Convention St. Louis, Missouri	13 USAS Convention St. Louis, Missouri	14 USAS Convention Seahawks Dive Back IN – USA Swim Meet O'Fallon, Illinois
15 USAS Convention Week #6 SCS Seahawks Dive Back IN – USA Swim Meet	16 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	17 JEF 7:00 pm-8:30pm Citizens & Constitution Day - FCC, OPB, CPC, STP & SAC – 100TS	18 FAR 7:30pm – 9PM Air Force Birthday FCC, OPB, DTC, STP, & SAC – 500TS	19 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	20 Nat'l POW/MIA Day Parkway Pentathlon – USA Swim Meet Kirkwood High School	21 Nat'l Cleanup Day Parkway Pentathlon – USA Swim Meet Kirkwood High School
22 Week #7 SCS	23 MEH 7:30pm-9pm September Equinox FCC, ESC, STP & SAC – 50TS	24 JEF 7:00 pm-8:30pm FCC, CPC, STP & SAC – 100TS	25 AAU Conference Anaheim, California	26 AAU Conference Anaheim, California	27 AAU Conference Anaheim, California	28 AAU Conference Anaheim, California
29 AAU Conference Week #8 SCS – Gold Star Mother's Day	30 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	Psalm 28:7	12 min 8X100 Swim Sprint Capacity			

# October 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hebrews 6:19	12 min Lactate Tolerance	1 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS	2 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	3 MEH 7 pm-8:30pm PBT Swim Meet 3/13	4 Feast of St. Francis of Assisi	5
6 Week #9 SCS	7 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS Child Health Day	8 JEF 7:00 pm-8:30pm FCC, OPB, STS, STP & SAC – 100TS	9 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS – Leif Erikson Day	10 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	11 FAST IMX Kickoff USA Swim Meet – Pattonville, MO.	12 FAST IMX Kickoff USA Swim Meet – Pattonville, MO
13 Navy Birthday Week #10 SCS - FAST IMX Kickoff, Chicago Marathon	14 Columbus Day	15 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS - White Cane Safety Day	16 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS Boss's Day	17 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	18	19 CSP Sprint YOA USA Swim Meet – Pattonville, MO.
20 CSP Sprint YOA Week #11 SCS - USA Swim Meet – Pattonville, MO.	21 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	22 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS	23 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	24 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	25 Jim Devine Invite – USA Meet – MIZZOU Columbia, Missouri	26 Jim Devine Invite – USA Meet – MIZZOU Columbia, Missouri
27 Week #12 SCS Jim Devine Invite – USA Meet – MIZZOU Columbia, MO.	28 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	29 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS	30 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	31 Halloween		

# November 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ecclesiastes 11:6	12 min Barefoot 300				1 All Saints Day	2 Heat Fall Classic USA Swim Meet – Pattonville, MO. All Souls Day
3 Week #13 SCS Heat Fall Classic Daylight Savings Time New York City Marathon	4 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	5 JEF 7:00 pm-8:30pm FCC, STT, STP & SAC – 100TS	6 FAR 7:30pm – 9PM FCC, DTC, STP, SAC & 500TS	7 MEH 7 pm-8:30pm PBT Swim Meet 4/13	8	9
10 Week #14 SCS Marine Corps Birthday	11 Veterans Day	12 JEF 7:00 pm-8:30pm FCC, STT, STP & SAC – 100TS	13 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	14 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	15	16
17 Week #15 SCS	18 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	19 JEF 7:00 pm-8:30pm FCC, OPB, STT, STP & SAC – 100TS	20 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	21 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	22 Ozark A Champs USA Swim Meet Carbondale, IL SALUKI	23 Ozark A Champs USA Swim Meet Carbondale, IL SALUKI
24 Ozark A Champs Week # 16 SCS - USA Swim Meet Carbondale, IL	25 Thanksgiving Holiday Break	26 Thanksgiving Holiday Break	27 Thanksgiving Holiday Break	28 Thanksgiving Day Holiday Break	29 Thanksgiving Holiday Break - Black Friday	30



# December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Week #17 SCS	2 <b>Cyber Monday</b> Holiday Break	3 JEF 7:00 pm-8:30pm FCC, SSC, STP & SAC – 100TS	4 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS – Toyota US Open, Atlanta , GA	5 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS - Toyota US Open, Atlanta , GA	6 Toyota US Open, Rec-Plex Holiday H2O, USA Swim Meet, St. Peters, MO.	7 Toyota US Open Rec-Plex Holiday H2O, USA Swim Meet Pearl Harbor Day
8 Week #18 SCS Toyota US Open Rec-Plex Holiday H2O, USA Swim Meet	9 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	10 JEF 7:00 pm-8:30pm FCC, OPB, SSC, STP & SAC – 100TS	11 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	12 MEH 7 pm-8:30pm PBT Swim Meet 5/13	13 Chuck Fruit Invite USA Swim Meet, National Guard Birthday	14 Chuck Fruit Invite USA Swim Meet, Edwardsville, IL
15 Week #19 SCS Chuck Fruit Invite Edwardsville, IL Bill of Rights Day	16 WTS Week #1 Location TBD	17 WTS Week #1 Location TBD Wright Brothers Day	18 WTS Week #1 Location TBD	19 WTS Week #1 Location TBD	20 WTS Week #1 Location TBD	21 December Solstice
22 Week #20 SCS	23 WTS Week #2 Location TBD	24 Christmas Eve WTS Week #2 Location TBD	25 Christmas Day Holiday Break	26 Kwanzaa-1 <sup>st</sup> Day WTS Week #2 Location TBD	27 WTS Week #2 Location TBD	28 Holy Innocents
29 Week #21 SCS	30 Holiday Break	31 New Year's Eve Holiday Break	1 Kings:19.14	12 min T-30 Swim 6 X 50 Kick		

# January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Psalm 4:8	12 min Sprint Capacity 8 X 50 Kick	1 New Year's Day Holiday Break	2 Holiday Break	3 Holiday Break	4
5 Week #22 SCS	6 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	7 JEF 7:00 pm-8:30pm FCC, PTS, STP & SAC – 100TS	8 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 200TS & 500TS	9 MEH 7 pm-8:30pm PBT Swim Meet 6/13	10	11
12 Week #23 SCS	13 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	14 JEF 7:00 pm-8:30pm FCC, OPB, PTS, STP & SAC – 100TS	15 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 200TS & 500TS	16 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC	17 RPLX Winter Warmup – USA Swim Meet, St. Peters, MO.	18 RPLX Winter Warmup – USA Swim Meet, St. Peters, MO
19 Week #24 SCS RPLX Winter Warmup – USA Swim Meet, St. Peters, MO	20 Martin Luther King Jr Birthday	21 JEF 7:00 pm-8:30pm FCC, PTS, STP & SAC – 100TS	22 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 200TS & 500TS	23 MEH 7 pm-8:30pm FCC, DTC, STP & SAC	24 Ozark Senior Champs, USA Swim Meet, Location TBD	25 Ozark Senior Champs, USA Swim Meet, Location TBD
26 Week #25 SCS Ozark Senior Champs, USA Swim Meet, Location TBD	27 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	28 JEF 7:00 pm-8:30pm FCC, PTS, STP & SAC – 100TS	29 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 200TS & 500TS	30 MEH 7 pm-8:30pm FCC, DTC, STP & SAC	31 Seahawks Septathlon/Sprint, Pentathlon USA Swim Meet, O'Fallon, MO.	

# February 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				2 Samuel 9:7	12 min Lactate Tolerance Kobayashi Maru	1 Seahawks Septathlon/Sprint, Pentathlon USA Swim Meet, O'Fallon, MO.
2 Week #26 SCS Seahawks Septathlon /Sprint. Super Bowl & Groundhog Day	3 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	4 JEF 7:00 pm-8:30pm FCC, RSC, STP & SAC – 100TS Rosa Parks Day	5 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	6 MEH 7 pm-8:30pm PBT Swim Meet 7/13	7 RSCA Qualifier USA Swim Meet, Rockwood Summit HS, Nat'I wear red day	8 USA Swim Meet, Rockwood Summit High School
9 Week #27 SCS RSCA Qualifier USA Swim Meet, Rockwood Summit	10 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	11 JEF 7:00 pm-8:30pm FCC, OPB, RSC, STP & SAC – 100TS	12 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS Lincolns Birthday	13 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	14 Valentine's Day	15 FAST Last Chance USA Swim Meet, Lindbergh High School
16 Week #28 SCS FAST Last Chance USA Swim Meet, Lindbergh High	17 Presidents Day Break	18 JEF 7:00 pm-8:30pm FCC, RSC, STP & SAC – 100TS	19 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	20 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	21	22
23 Week #29 SCS	24 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	25 JEF 7:00 pm-8:30pm FCC, RSC, STP & SAC – 100TS	26 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS Ash Wednesday	27 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	28 Ozark Division I Champs, USA Swim Meet, St. Peters Rec- Plex, St. Peters, MO.	29 Ozark Division I Champs, USA Swim Meet, St. Peters Rec- Plex, St. Peters, MO.

# March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Week #30 SCS St. David's Day	2 Spring Break 2020 LCS Swim Registration Program Fees Due TODAY!	3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break Employee Appreciation Day	7
8 Week # 1/31 LCS Daylight Savings Time	9 MEH 7:30pm-9pm 2020 LCS Begins today - FCC, OPB, ESC, STP & SAC – 50TS	10 JEF 7:00 pm-8:30pm FCC, OPB, CPC, STP & SAC – 100TS	11 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	12 MEH 7 pm-8:30pm PBT Swim Meet 8/13 Region 8 Sectionals Columbia, MO.	13 Region 8 Sectionals Columbia, MO.	14 Region 8 Sectionals Columbia, MO.
15 Week #2/32 LCS Region 8 Sectionals Columbia, MO.	16 PSC Week #1 Location TBD	17 PSC Week #1 St. Patrick's Day Location TBD	18 PSC Week #1 Location TBD	19 PSC Week #1 Location TBD March Equinox	20 PSC Week #1 Location TBD	21 Heat Lightning 8 & Under Champs – USA Swim Meet, Pattonville, MO.
22 Week #3/33 LCS Heat Lightning 8 & Under Champs – USA Swim Meet	23 PSC Week #2 Location TBD	24 PSC Week #2 Location TBD	25 PSC Week #2 Location TBD	26 PSC Week #2 Location TBD	27 PSC Week #2 Location TBD	28
29 Week #4/34 LCS Nat'l Vietnam/War Veterans Day	30 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	31 JEF 7:00 pm-8:30pm FCC, CPC, STP & SAC – 100TS	Ephesians 1:3	12 min 8 X 100 Swim		

# April 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
John 15:5	12 min T-30 Swim Kobayashi Maru		1 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	2 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	3 RCS Spring LC Invite USA Swim Meet, Cape Girardeau	4 RCS Spring LC Invite USA Swim Meet, Cape Girardeau
5 Week #5/35 LCS RCS Spring LC Invite Palm Sunday	6 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS National Tartan Day	7 JEF 7:00 pm-8:30pm FCC, OPB, STS, STP & SAC – 100TS	8 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	9 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	10 Good Friday	11 Holy Saturday
12 Week #6/36 LCS Easter Sunday	13 Easter Monday Thomas Jefferson’s Birthday	14 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS	15 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS Tax Day	16 MEH 7 pm-8:30pm PBT Swim Meet 9/13	17	18
19 Week #7/37 LCS	20 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS Boston Marathon	21 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS – National Library Workers Day	22 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS–Administrative Professionals Day	23 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	24	25
26 Week #8/38 LCS	27 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	28 JEF 7:00 pm-8:30pm FCC, STS, STP & SAC – 100TS	29 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	30 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS		

# May 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			2 Corinthians 7:5-6	12 min Sprint Capacity Barefoot 300	1 Loyalty day Kentucky Oaks Law Day	2 Kentucky Derby National Disposal Ordinance Disposal Day
3 Week #9/39 LCS	4 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	5 JEF 7:00 pm-8:30pm FCC, OPB, STT, STP & SAC – 100TS Cinco de Mayo	6 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS National Nurses Day	7 MEH 7 pm-8:30pm PBT Swim Meet 10/13 National Day of Prayer	8 Truman Day Military Spouse Appreciation Day	9
10 Week #10/40 LCS Mother's Day	11 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	12 JEF 7:00 pm-8:30pm FCC, STT, STP & SAC – 100TS	13 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	14 MEH 7 pm-8:30pm FCC, DTC, STP, & SAC – 200TS	15 Central States USA Swim Clinic Peach Officers Memorial Day	16 Central States USA Swim Clinic Armed Forces Day
17 Week #11/41 LCS Central States Swim Clinic, Oakbrook, Illinois	18 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	19 JEF 7:00 pm-8:30pm FCC, STT, STP & SAC – 100TS	20 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS–Emerg Med Svs for Children Day	21 MEH 7 pm-8:30pm FCC, DTC, STP, & SAC – 200TS Ascension Day	22 Memorial Day Holiday Break	23
24 Week #12/42 LCS	25 Memorial Day Holiday Break National Missing Children's Dav	26 JEF 7:00 pm-8:30pm FCC, STT, STP & SAC – 100TS	27 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	28 MEH 7 pm-8:30pm FCC, DTC, STP, & SAC – 200TS	29 RPLX Meet Me In St. Louis USA Swim Meet, St. Peter's MO.	30 RPLX Meet Me In St. Louis USA Swim Meet, St. Peter's MO.
31 Week #13/43 LCS RPLX Meet Me In St. Louis Pentecost						

# June 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 John 4:10	1 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS Whit Monday	2 JEF 7:00 pm-8:30pm FCC, SSC, STP & SAC – 100TS	3 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	4 MEH 7 pm-8:30pm PBT Swim Meet 11/13	5 USA Swim Meet 2020 Show Me State Games Swimming Champs – USA Meet	6 Belmont Stakes 2020 Show Me State Games Swimming Champs – USA Meet
7 Week #14/44 LCS 2020 Show Me State Games Swimming Trinity Sunday	8 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	9 JEF 7:00 pm-8:30pm FCC, OPB, SSC, STP & SAC – 100TS	10 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	11 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	12 CSC Invite USA Swim Meet	13 CSC Invite MIZZOU Columbia, MO.
14 Week #15/45 LCS CSC Invite @ MIZZOU Bunker Hill Day	15 Summer Break	16 Summer Break	17 Summer Break	18 Summer Break	19 Summer Break Juneteenth	20 June Solstice American Eagle Day
21 Week #16/46 LCS Father's Day	22 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	23 JEF 7:00 pm-8:30pm FCC, SSC, STP & SAC – 100TS	24 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	25 MEH 7 pm-8:30pm FCC, DTC, STP & SAC – 200TS	26 CSP 82 <sup>nd</sup> LC Invite USA Swim Meet, Clayton, MO.	27 CSP 82 <sup>nd</sup> LC Invite Summer Break
28 Week #17/47 LCS CSP 82 <sup>nd</sup> LC Invite	29 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS Pymt Deadline CTC	30 JEF 7:00 pm-8:30pm FCC, SSC, STP & SAC – 100TS	12 min Lactate Tolerance 6 X 50 Kick			

# July 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Lamentations 3:40	12 min 8 X 50 Stroke	1 FAR 7:30pm – 9PM FCC, DTC, STP, & SAC – 500TS	2 MEH 7 pm-8:30pm PBT Swim Meet 12/13	3 Holiday Break	4 Independence Day
5 Week #18/48 LCS CFAC Celebration	6 CTC Week #1	7 CTC Week #1	8 CTC Week #1	9 CTC Week #1	10 CTC Week #1	11 CFAC Independence Celebration, USA Swim Meet, Edwardsville, IL
12 Week #19/49 LCS CFAC Celebration	13 CTC Week #2	14 CTC Week #2	15 CTC Week #2	16 CTC Week #2	17 CTC Week #2	18
19 Week #20/50 LCS	20 MEH 7:30pm-9pm FCC, OPB, ESC, STP & SAC – 50TS	21 JEF 7:00 pm-8:30pm FCC, OPB, RSC, STP & SAC – 100TS	22 FAR 7:30pm – 9PM FCC, OPB, DTC, STP, & SAC – 500TS	23 MEH 7 pm-8:30pm FCC, OPB, DTC, STP & SAC – 200TS	24 Ozark LC Champs USA Swim Meet, Edwardsville, IL.	25 Ozark LC Champs USA Swim Meet, Edwardsville, IL.
26 Week #21/51 LCS Ozark LC Champs Parents Day	27 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS	28 JEF 7:00 pm-8:30pm FCC, RSC, STP & SAC – 100TS	29 FAR 7:30pm – 9PM FCC, DEV, STP, & SAC – 500TS	30 MEH 7 pm-8:30pm PBT Swim Meet 13/13	31	



# August 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 2020-2021 Registration Payment Deadline is TODAY!
2 Week #22/52 LCS	3 End of 2019-2020 Swim Season Break PSC Payment Deadline is TODAY!	4 End of 2019-2020 Swim Season Break Coast Guard Birthday	5 End of 2019-2020 Swim Season Break	6 End of 2019-2020 Swim Season Break	7 End of 2019-2020 Swim Season Break Purple Heart day	8
9 Week #1/52 SCS	10 MEH 7:30pm-9pm 2020-2021 Season Starts today. FCC, OPB, ESC, STP & SAC – 50TS	11 JEF 7:00 pm-8:30pm FCC, OPB, PCC, STP & SAC – 100TS	12 FAR 7:30pm – 9PM FCC, PCC, STP & SAC – 500TS	13 MEH 7 pm-8:30pm PBT Swim Meet 1/13	14	15
16 Week #2/52 SCS	17 PSC Week #1	18 PSC Week #1	19 PSC Week #1 National Aviation Day	20 PSC Week #1	21 PSC Week #1 Senior Citizens Day	22
23 Week #3/52 SCS	24 PSC Week #2	25 PSC Week #2	26 PSC Week #2 Woman's Equality Day	27 PSC Week #2	28 PSC Week #2	29
30 Week #4/52 SCS	31 MEH 7:30pm-9pm FCC, ESC, STP & SAC – 50TS					